

# moving & handling people

<b>Course Title: Moving and Handling People</b>	
<b>Who is it for?</b>	The course is aimed at employers whose employees are expected to lift and transport objects and people throughout their day at work. This could be the transportation of people in a care environment or possibly working with people that are not able bodied. The course covers the use of various equipment that they may use to assist with lifting.
<b>Course Content:</b>	<p>The successful candidate will be able to demonstrate the following:</p> <ul style="list-style-type: none"> <li>✓ What is Manual Handling?</li> <li>✓ Cost of injuries in the workplace</li> <li>✓ Health and Safety at Work Act 1974</li> <li>✓ Manual Handling Operations Regulations 1992</li> <li>✓ Techniques to avoid Manual Handling</li> <li>✓ Risk Assessment</li> <li>✓ Correct lifting technique</li> <li>✓ Incorrect lifting technique</li> <li>✓ People Handling techniques</li> <li>✓ People Handling equipment</li> <li>✓ The use of People Handling equipment</li> <li>✓ Employees Obligations</li> <li>✓ Accident and Incident Reporting</li> </ul> <p>Candidates will be expected to complete a number of short question paper</p>
<b>Course Duration:</b>	<p><b>6 Hours</b></p> <p>Normally the course is run over a day. Typically the course will run from 9:30am-4:30pm to include a half hour lunch and two 15 minute coffee breaks in the morning and afternoon</p>
<b>What the employer will receive :</b>	<ul style="list-style-type: none"> <li>• Photocopies of the successful candidates certificate for your files</li> <li>• A high standard of teaching and instruction with a prompt service</li> <li>• Certificates within 3 days</li> </ul>
<b>What the employee will receive:</b>	<ul style="list-style-type: none"> <li>• Manual Handling Text Book</li> <li>• Additional Handouts on the course relevant to the course content</li> <li>• Moving and Handling People Certificate to the successful candidate</li> </ul>
<b>Cost:</b>	<b>£280</b> + VAT for up to 15 people all inclusive of course materials, course text books, course instruction, assessment and certification
<b>Additional Notes:</b>	<p>Suitable clothing should be worn such as trousers and loose fitting attire due to a small practical element on the course.</p> <p>Delegates with health problems should inform the Head Trainer.</p> <p>Training could include the lifting and operation of hoists and trolleys already used by the client. This could form part of induction training.</p> <p>Please see the Head Trainer for further discussion.</p>