

manual handling awareness

Course Title: Manual Handling Awareness	
Who is it for?	The course is aimed at employers whose employees are expected to lift and transport objects throughout their day at work. This could be the transportation of heavy objects or even regular and repetitive transportation of a low in weight load.
Course Content:	<p>The successful candidate will be able to demonstrate the following:</p> <ul style="list-style-type: none"> ✓ What is Manual Handling? ✓ Cost of injuries in the workplace ✓ Health and Safety at Work Act 1974 ✓ Manual Handling Operations Regulations 1992 ✓ Techniques to avoid Manual Handling ✓ Risk Assessment ✓ Correct lifting technique ✓ Incorrect lifting technique ✓ Employees Obligations ✓ Accident and Incident Reporting <p>Candidates will be expected to complete a number of short question paper</p>
Course Duration:	2.5 Hours There is a short 15 minute coffee break halfway through the session
What the employer will receive :	<ul style="list-style-type: none"> • Photocopies of the successful candidates certificate for your files • A high standard of teaching and instruction with a prompt service • Certificates within 3 days
What the employee will receive:	<ul style="list-style-type: none"> • Manual Handling Text Book • Additional Handouts on the course relevant to the course content • Manual Handling Awareness Certificate to the successful candidate
Cost:	£150 + VAT for up to 15 people all inclusive of course materials, course text books, course instruction, assessment and certification (£10 per person)
Additional Notes:	Suitable clothing should be worn such as trousers and loose fitting attire due to a small practical element on the course. Delegates with health problems should inform the Head Trainer.