

first aid

annual update

Course Title: First Aid Annual Update	
Who is it for?	The Health and Safety Executive 'strongly recommends' that all candidates who have successfully awarded First Aid at Work or Emergency First Aid at Work Course receive a yearly refresher session to keep their first aid knowledge fresh and up to date. This yearly update is especially important to employees who are 'likely' to be carrying out First Aid.
Course Content:	Sessions will be tailor made to your requirements but typically consists of: <ul style="list-style-type: none"> ✓ CPR and Resuscitation ✓ Unconsciousness ✓ Recovery Position ✓ Choking ✓ Wounds and Bleeding ✓ Injuries to Bones, Muscles and Joints ✓ Legislation Updates
Course Duration:	3 Hours A short 15 minute coffee break will be held halfway through the session
What the Employer will receive :	<ul style="list-style-type: none"> • Photocopies of the successful candidates certificate for your files • A high standard of teaching and instruction with a prompt service • Certificates within 3 days
What the employee will receive:	<ul style="list-style-type: none"> • Emergency First Aid Text Book • Additional Handouts on the course relevant to the course content • Trusted Training Services Annual Update Certificate to the successful candidate
Cost:	£150.00 per session for up to 15 people, all inclusive of course materials, course text books, course instruction, assessment and certification.
Additional Notes:	Sessions are 'strongly recommended' for annual updates at a minimum, however sessions are available weekly, monthly, bi monthly, quarterly or twice a year depending on clients requirements. This is purely meant as a refresher session and does not extend the First Aid at Work qualification by a year